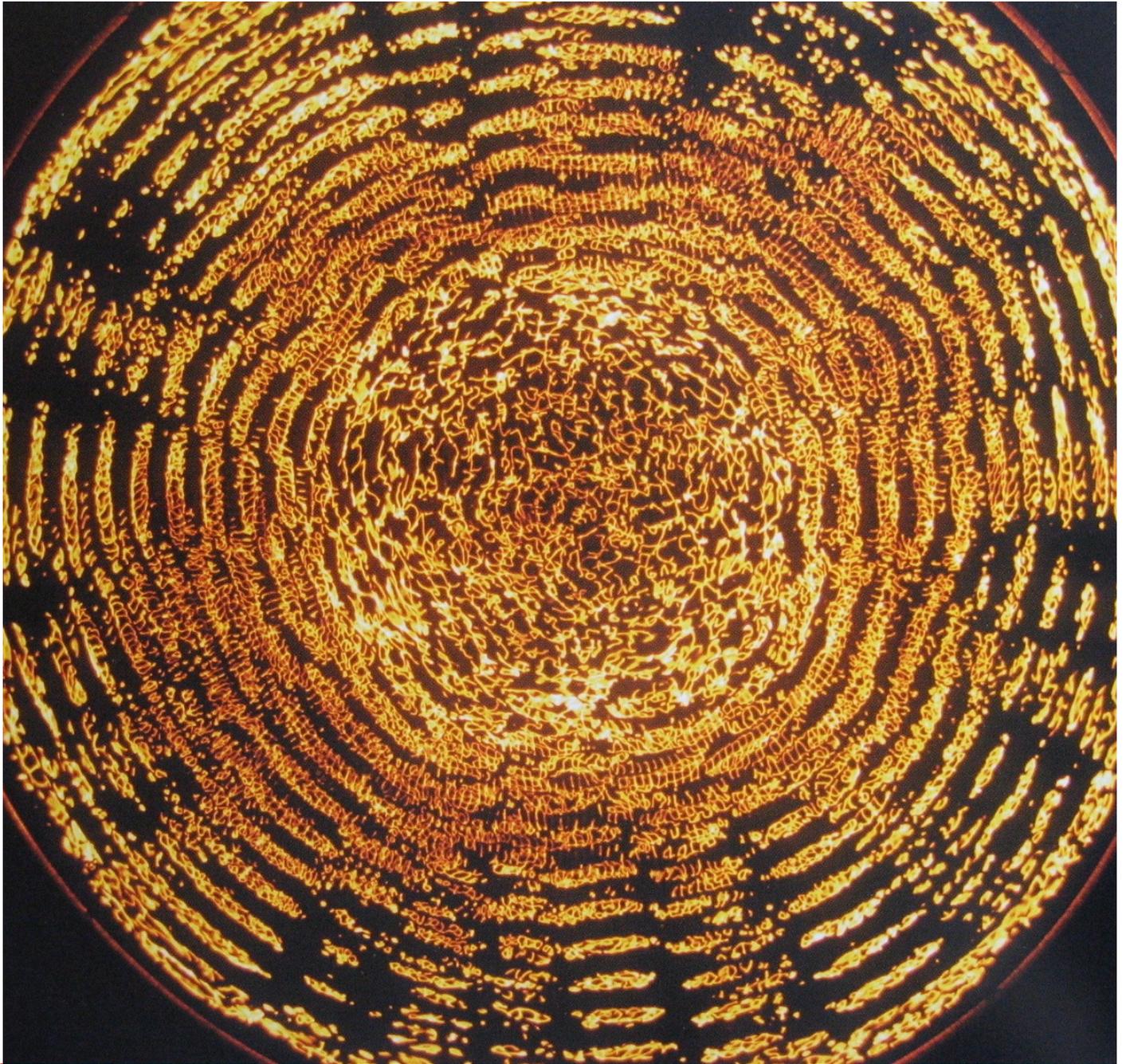


Raphael

SCHOOL FOR SINGING & SINGING-THERAPY



RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY
ON THE BASIS OF THE SCHOOL FOR UNCOVERING THE VOICE

3rd North American Training 2015 - 2019



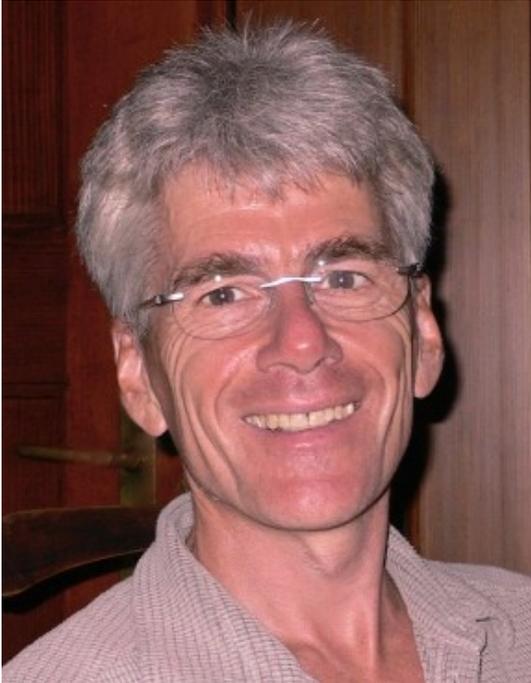
Sketch by T. Adam

**SCHOOL FOR UNCOVERING THE VOICE -
RAPHAEL SCHOOL FOR SINGING & SINGING THERAPY**

Valborg Werbeck Svärdström established The School of Uncovering the Voice in collaboration with Rudolf Steiner. In January, 1924 he authorized it as an “Anthroposophic Singing School” because the approach they developed fosters the growth of the human voice in its wholeness of physical, soul and spiritual aspects, so it supports the holistic integration of the human being.

Through this art of singing and the knowledge of the human being according to Anthroposophy, at the Raphael School for Singing and Singing-Therapy methods will be taught and abilities gained that will enable the student to realize how the singing voice can become a therapeutic tool, and how singing can serve as an anthroposophic therapeutic modality.

A NEW COURSE WILL START Summer 2015 thru Spring 2019



Thomas Adam, a singer and singing therapist for more than three decades, has, since 1999, conducted two Therapeutic Singing training courses in North America and several professional training courses in Europe, and South America. These courses are now offered under the name “The Raphael School for Therapeutic Singing.”

The curriculum has been recognized and approved by the Medical Section at the Goetheanum.

Graduates will receive certification to practice as Anthroposophic Singing Therapists and are eligible to practice in collaboration with Anthroposophic Medical doctors.

In the professional education course of the RAPHAEL SCHOOL FOR SINGING AND SINGING THERAPY the anthroposophic concepts are, as far as possible, developed phenomenologically, that is through one’s own experiences, mainly with the help of singing exercises from the School of Uncovering the Voice, eurythmy and phenomenological musical studies in correlation with Anthroposophic medical study.

The 4-Year Course includes an 11-day summer session in June /July and a 5-day session each year in February or March.

Organizational Details for the New 4-Year Course beginning in Summer 2015 are in progress.

To receive updated information:
please e-mail Thomas Adam directly at: to_adam@t-online.de
and copy Sandra Zeese, registrar at: sandi1020@gmail.com

RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY



Forms of teaching:

The teaching approach will be as phenomenological as possible, so that students gain first-hand experience of the exercises and processes, and develop a living sense for therapeutic work.

From the beginning, students will learn therapeutic exercises and their practical application.

In addition to the phenomenological work, studies and lectures in the group, during every segment of the 4-year course there will also be individual or small group lessons to assess and discuss each student's progress.

The needs and wishes of all the students shall be shared in group-discussions and in this way help to shape the study process.

Course content and aims:

In the *Raphael School* the effects of sound, breath, creation of tone and the influence of musical elements on the singing human being, will be studied in theory and practice. These experiences will be deepened through medical knowledge given by experienced Anthroposophical doctors and brought into practical connection with the therapeutic work.

Singing:

The spiritual study of the singing human being found in the book, *The School of Uncovering the Voice* by

Valborg Werbeck Svärström will be practically worked on, learned and deepened. Research results of other singing methods will also be considered.

Anthroposophy:

The Raphael School is rooted in Anthroposophy. Students will read and study Rudolf Steiner's perspectives on the evolution of mankind, the structures of the human being, medicine, pedagogy, the arts, and particularly, the art of singing as a key to health.

Medical studies, Anatomy, Physiology:

The mainstream medical approach to anatomy, physiology and pathology will be enhanced through anthroposophical medical studies presented by Anthroposophic doctors.

Eurythmy:

Phenomena worked on in the singing will be explored in Eurythmy, so that eurythmic elements can also be practiced between sessions.

Methodology:

Individual capacities of observation, forming therapeutic pictures, diagnosis, creating therapeutic sequences of exercises for clients, will be developed, as well as documenting and assessing therapy.

Additional course content:

Choir singing, choral improvisation, improvising on instruments, as well as movement and other musical games, will build repertoire for later group teaching, and also help to develop the social fabric of the student community.

Working with the Lyre:

Because of the ability to tune the lyre easily to A-432, as well as the free etheric tone and portability of the lyre, students are expected to learn to play the lyre between sessions to support their work as singing therapists. Referrals to Lyre Teachers will be suggested. Any additional cost of renting or purchasing a lyre and of group or individual lyre will be covered by the student.

The course includes 1000 hours and is co-sponsored by the

Anthroposophic Therapeutic Singing Association of North America - ATSANA

a member organization of the

Anthroposophic Arts and Medical Therapies Association - AAMTA 501c3

Requirements for participants:

Be at least 23 years of age

have a willingness and interest to study Anthroposophy

and

have a pedagogical or social-pedagogical training and professional experience and

have a basic experience with 'The School of Uncovering the Voice' and

have basic knowledge of Music-Theory

• **or:**

have training in a medical profession and related experience and

have basic experience with 'The School of Uncovering the Voice' and

have a basic knowledge of Music-Theory

• **or:**

have training as a singer or other musician and

have basic experience with 'The School of Uncovering the Voice'.