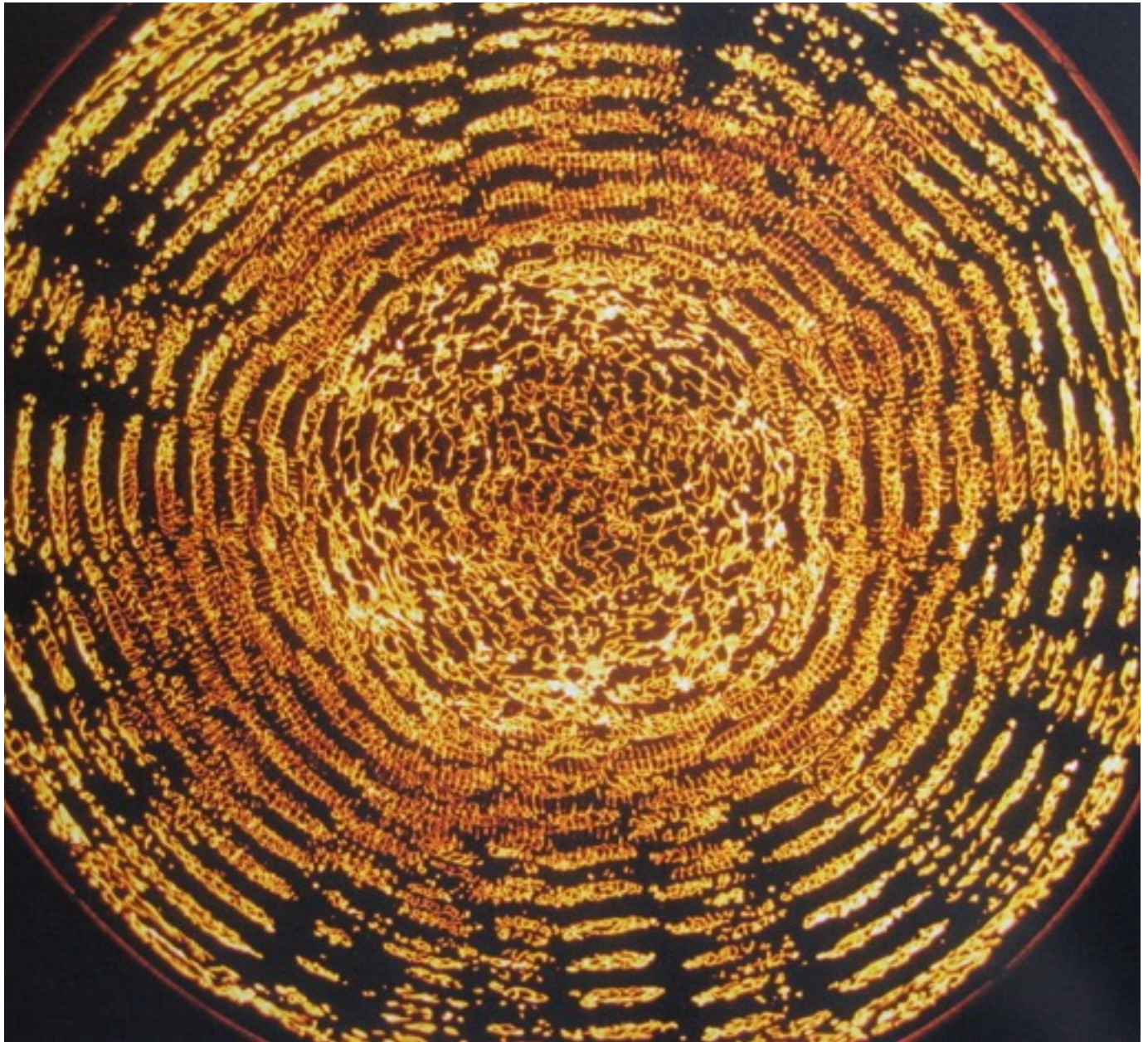


# *Raphael*

SCHOOL FOR SINGING & SINGING-THERAPY



RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY  
ON THE BASIS OF THE SCHOOL FOR UNCOVERING THE VOICE

**Third American Training-Course**  
**2015 - 2019**

**RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY  
ON THE BASIS OF THE SCHOOL FOR UNCOVERING THE VOICE**

Valborg Werbeck Svärdström established The School of Uncovering the Voice in collaboration with Rudolf Steiner. In January, 1924 he authorized it as an “Anthroposophic Singing School” because the approach they developed fosters the growth of the human voice in its wholeness of physical, soul and spiritual aspects. So it supports the holistic integration of the human being.

Through this art of singing and the knowledge of the human being according to Anthroposophy, at the Raphael School for Singing and Singing-Therapy methods will be taught and abilities gained that will enable the student to realize how the singing voice can become a therapeutic tool, and how singing can serve as an anthroposophic therapeutic modality.



Thomas Adam, singer and singing therapist for more than three decades, has, since 1999, conducted two Therapeutic Singing training courses in North America and several professional training courses in Europe, and South America.

These courses are now offered under the name The Raphael School for Therapeutic Singing. The curriculum has been recognized and approved by the Medical Section at the Goetheanum.

Currently a new course is being formed for students who already have experience in developing their own voice with the approach of The School of Uncovering the Voice.

**Our new Training Course  
will take place  
June 28 - July 5, 2015 at the  
Bon Secours Conference Center in Maryland**



## *Duration and structure of the course*

- This training is a part-time professional education course in Therapeutic Singing, lasting 4 years.
- Each study year contains a 7 to 8-day course in June/July and a 6-day course in February.
- The course will be located on the US East Coast.
- In total the course will have the equivalent of 600 (45-minute) lessons. Regular individual practice and study between modules is necessary to deepen the experience.
- Regional peer groups help to complete and deepen the study-process.
- In addition, during the third and fourth year, an internship will take place.
- Participants of the Training Course for Therapeutic singing and the course director will sign a Study-contract, outlining their mutual responsibilities of presentation and participation.

## *- Course contents and aims:*

In the *Raphael School* the effects of sound, breath, creation of tone and the influence of musical elements on the singing human being, will be studied in theory and practice. These experiences will be deepened through medical knowledge given by experienced Anthroposophical doctors and brought into practical connection with the therapeutic work.

From the beginning, students will learn therapeutic exercises and their practical application.

In addition to the phenomenological work, studies and lectures in the group, during every segment of the 4-year course there will also be individual or small group lessons to assess and discuss each student's progress.

The spiritual study of the singing human being found in the book, 'The School of Uncovering the Voice' by Valborg Werbeck-Svärdström will be practically worked on, learned and deepened. Research results of other singing methods will also be considered.

Choir singing and choral improvisation will build repertoire for later group teaching, and also help to develop the social fabric of the student community. Elements of Eurythmy will be studied and practiced .

## *Anthroposophy:*

*The Raphael School* is rooted in Anthroposophy. Students will read and study Rudolf Steiner's perspectives on the evolution of mankind, the structures of the human being, medicine, pedagogy, the arts, and particularly the art of singing as a key to health.

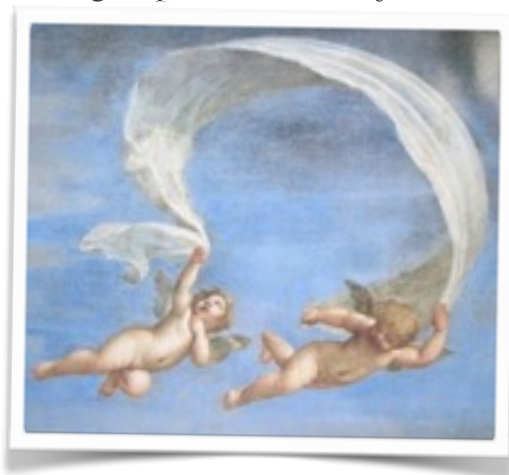
## *Medical studies, Anatomy, Physiology:*

The mainstream medical approach to anatomy, physiology and pathology will be enhanced through anthroposophical medical studies presented by Anthroposophic doctors.

## *Working with the Lyre:*

Because of the ability to tune the lyre easily to a-432 Hz, as well as the free etheric tone and portability of the lyre, students are expected to learn to play the lyre between sessions to support their work as singing therapists. Referrals to Lyre Teachers will be suggested. Any additional cost of renting or purchasing a lyre and of group or individual lyre will be covered by the student.

For any question,  
please contact:  
[to adam@t-online.de](mailto:adam@t-online.de)  
[sandi1020@gmail.com](mailto:sandi1020@gmail.com)



Please see the  
Admission-  
Form!

## RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY

### - Requirements for participants:

- be at least 23 years of age
- have a willingness and interest to study Anthroposophy
- have a basic experience with 'The School of Uncovering the Voice'
- have basic knowledge of Music-Theory

*and*

- have training in a medical profession and related experience

*or*

- have training as singer or other musician

*or*

- have a pedagogical or social-pedagogical training and professional experience.

**COURSE BEGINS  
JUNE 28 - JULY 5, 2015**

**Location:** at the beautiful Bon Secours Conference Center located 25 minutes west of I-95 and the Baltimore Washington International Airport.

see [www.RCCBonSecours.com](http://www.RCCBonSecours.com)

**Costs: \$ 2500 per year**

Includes housing, meals and tuition!

Summer 2015 **\$1350** Feb.2016 **\$1150**

**Commuter costs: 1600 per year**

includes dinners & lunches and tuition!

Summer 2015 **\$ 850** Feb.2016 **\$ 750**

**Application:** send to Thomas Adam  
email: [to\\_adam@t-online.de](mailto:to_adam@t-online.de)

**Deadline:** May 31, 2015

**Accessibility:** The closest airport is Baltimore Washington Intern'l (BWI).

The area is also served by Dulles (IAD) or to Reagan Nat'l (DCA). Let us know your flight information and we will make an effort to coordinate ground transportation.



View of the beautiful park that surrounds the *Bon Secours Conference Center* located on 300 acres of land. See [www.RCCBonSecours.com](http://www.RCCBonSecours.com)

# Raphael

SCHOOL FOR SINGING & SINGING-THERAPY

## Third American Training-Course 2015 - 2019

### Application - Registration

**First Session - June 28 - July 5, 2015**

**Bon Secours Conference Center - Marriottsville, Maryland**

**[www.RCCBonSecours.com](http://www.RCCBonSecours.com)**

This is my registration for the Third American Training-Course for singing and therapeutic singing. I have read the information about structure, duration and content of the course.

In addition to this registration form I include:

- Curriculum with special attendance of singing-background
- My motivation for studying Anthroposophic Therapeutic Singing
- Description and /or documentation or of musical skills

I understand the first module is a open trial period for all participants. At the end of the first week of training, if I choose to continue, a course agreement, committing to the entire course will be signed by myself and the course director.

Name: \_ Vocal Part \_  
Address: \_ City \_  
State:\_ Zip\_ Contact email: \_  
Contact Phone numbers: \_ or \_

***Please e-mail application to Thomas Adam: [to\\_adam@t-online.de](mailto:to_adam@t-online.de)***

Payment: Includes tuition and complete food and board	\$ 1350
Commuter: includes tuition and two meals per day	\$ 850
Early Bird Registration before April 15, 2015: Discount	\$ 20
AAMTA member Discount:	\$ 20

***Registration:*** Please make check payable to “Therapeutic Singing“ and mail to:

Therapeutic Singing Registrar	or	Online registration is also available at:
1020 Woodside Pkwy		<a href="http://www.anthrotherasing.eventbrite.com">www.anthrotherasing.eventbrite.com</a>
Silver Spring, MD 20910		Discount code for AAMTA members – AAMTA